

CHILDHOOD SEXUAL ABUSE DID YOU KNOW?

BETWEEN 5% AND 8% OF MALES HAVE EXPERIENCED COERCIVE CHILDHOOD SEXUAL ABUSE. 20% OF WOMEN HAVE EXPERIENCED COERCIVE CHILDHOOD SEXUAL ABUSE.

20% OF MEN WHO HAVE SEX WITH MEN HAVE EXPERIENCED COERCIVE CHILDHOOD SEXUAL ABUSE.

Men who have experienced childhood sexual abuse are at increased risk for:

Substance abuse	Lack of assertiveness
Aggressive behavior	Anxiety disorders
Post-traumatic Stress Disorder (PTSD)	Poor school performance
Poor self-esteem	Eating disorders
Depression	Legal trouble
Self-blame	
Suicide attempts	

Women are even more likely than men to show these symptoms related to sexual abuse over their lifetime.

Relationship difficulties, problems with sexuality and difficulties in social functioning have also been identified as long-term effects of childhood sexual abuse.

Studies repeatedly show that sexually abused men show greater levels of high risk sexual behaviors (than men who were not abused) like unprotected sex and multiple partners, higher rates of sexually transmitted diseases, including HIV.

Among men and women who have experienced physical, sexual or emotional abuse during childhood, those with a mental health provider demonstrated higher self-esteem and family functioning.

IF YOU HAVE EXPERIENCED CHILDHOOD SEXUAL ABUSE AND YOU THINK IT MAY BE AFFECTING YOUR LIFE, TALK TO YOUR APLA MENTAL HEALTH PROFESSIONAL OR CALL THE NATIONAL CHILD ABUSE HOTLINE AT 1-800-422-4453.

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